

Session #2 Weekly Devotional: Day 1

Read Deuteronomy 6

Dads spend time with their children, and it's not empty time! Journal about your spiritual growth and how that can help your children grow also.

F = Focus in your journal by writing the date and the Scripture you're studying. After you've read the passage a few times, focus on a verse or two that stands out to you and then write out those verses in your journal.

I = Investigate the context around today's Scripture reading. *To whom was this written? Why? How does this passage fit with what comes before and after it? What is the Holy Spirit communicating through this text?* Feel free to use Bible study tools for commentary: [Bible Study Tools](#), or [Easy English Bible](#).

R = Respond to the text to make it applicable for your own life. *What is God saying to you personally through this passage? How can you apply what you've read?*

E = Engage God. This can either be a short prayer or an action that you can take that day after reading the text. *Is there a command to follow in the text? How are you different because of what you've learned?*

Session #2 Weekly Devotional: Day 2

Read Colossians 1:1-14

The Bible makes it clear how truly important it is that we make it a point to grow in the spirit.

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Session #2 Weekly Devotional: Day 3

Read **Ephesians 2:1-10**

Spiritual growth brings about God's fruit to all who seek it. As men, we are called to pursue the good work we were created in Christ to do!

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Session #2 Weekly Devotional: Day 4

Read 2 Timothy 3

The most effective way to grow spiritually is to consume the word of God.

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R = Respond to the text to make it applicable for your own life. *What is God saying to you personally through this passage? How can you apply what you've read?*

E = Engage God. This can either be a short prayer or an action that you can take that day after reading the text. *Is there a command to follow in the text? How are you different because of what you've learned?*

- **Relook at [page 12](#) (Session #2) and be ready to talk to your group about the areas of growth you are committing to!**