

# ***SESSION #1: START WITH WHY!***

## **Embracing Curiosity in Parenting**

### **Intro & Teaching (10 minutes):**

Welcome to the journey of parenting with purpose, starting with WHY, as we delve into the profound responsibility of parenthood by embracing curiosity and encouraging the "WHY?" questions from both ourselves and our children.

As parents, it's crucial to slow down and ask ourselves WHY. *Why are we so busy? Why do we rush through life without taking the time to engage deeply with our children?* By addressing our own WHY questions, we can create space to prioritize what truly matters - meaningful connections with our children.

In the journey of life, children are the precious gifts that grace our existence. Their laughter fills our hearts with boundless joy, reminding us of the simple wonders that enrich our lives.

Parenthood bestows upon us a profound sense of purpose, guiding us on a path of growth and discovery. Through its trials and triumphs, we are transformed into better versions of ourselves, molded by responsibility and sacrifice.

From the dawn of time, parenthood has been a divine calling, shaping the course of humanity. It is a sacred duty, entrusted to us by God, to nurture and steward these precious blessings.

In the tender embrace of our children, we find echoes of divine love, inspiring us to love unconditionally and grow spiritually. They ignite within us a flame of faith and devotion, deepening our connection to the divine.

As parents, we find fulfillment and contentment in the warmth of our children's love. We are tasked with sharing our faith with them, guiding them on a journey of spiritual discovery and growth.

Together, we weave the threads of faith and love into the fabric of our lives, embracing the sacred bond between parent and child. In their presence, we find grace, redemption, and the true essence of joy.

### **Small Group Discussion (30 minutes):**

- *How can we prioritize engaging with our children's "WHY?" questions amidst our busy lives?*
- *Reflecting on our own WHY questions, what areas of our parenting journey do we want to focus on improving?*
- *How can we create a culture of curiosity and exploration within our family, encouraging our children to ask meaningful questions?*
- *In what ways can we slow down our pace and create intentional moments of connection with our children?*
- *How do we balance our responsibilities while still prioritizing quality time and meaningful interactions with our children?*

### **Wrap-Up Question (10 minutes):**

*What practical steps can we take as parents to embrace curiosity, engage deeply with our children, and start with WHY in our parenting journey?*

### **Challenging Question for Couples During the Week:**

*Reflect on your own WHY questions and take intentional steps to engage with your children's curiosity, pointing them to the answers in the Bible.*