

SESSION 6: DISCIPLINE PATIENTLY & CONSISTENTLY

Welcome and Review Last Week's Challenging Question (10 minutes):

Welcome back, everyone. Let's take a moment to discuss how you plan to align your actions with God's will, fostering an environment of obedience and repentance within your family.

Session #6 Teaching: Discipline Patiently & Consistently (5 minutes):

Proverbs 29:17 says, "Discipline your son and he will give you rest; he will give delight to your heart."

Consistently teaching, correcting, and disciplining our children can be exhausting work. It's tempting to ignore issues or resort to authoritarian parenting, but neither approach is beneficial. Instead, we must patiently and consistently discipline our children. Though challenging, this approach nurtures their hearts and fosters long-term growth. If you've slipped up and responded harshly, apologize promptly and model forgiveness. Learn from these experiences and develop strategies to manage anger and stress effectively.

Small Group Discussion (30 minutes):

- *Reflect on your patience with your spouse and children. How can you improve in this area?*
- *Share current methods you employ to teach your children consistently. How can you enhance these efforts?*
- *Discuss practical ways to take primary responsibility for teaching your children the Bible.*

Wrap-Up Question (10 minutes):

What adjustments can we make in our parenting approach to discipline our children patiently and consistently, fostering their growth and nurturing their hearts?

Challenging Question for Couples During the Week:

Evaluate your patience levels with your spouse and children, and commit to implementing strategies for disciplined and consistent parenting.